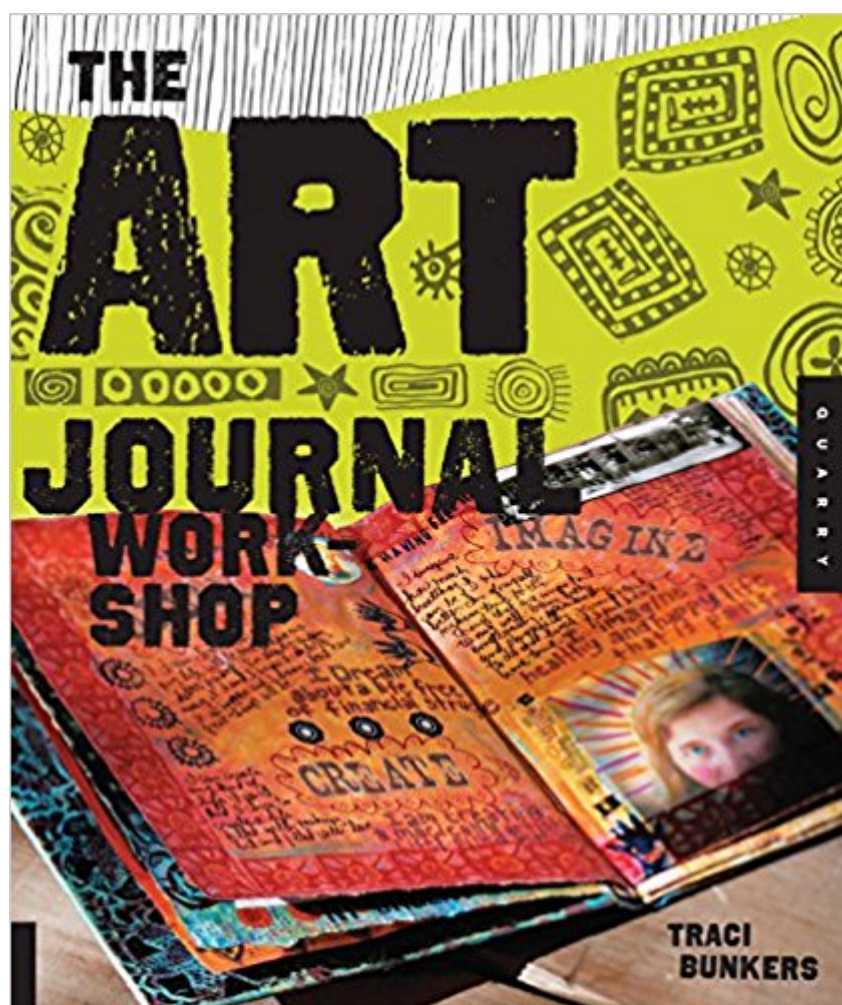


The book was found

The Art Journal Workshop: Break Through, Explore, And Make It Your Own



Synopsis

"Step by step, the reader is brought to art journaling in a method that makes even a novice want to pick up a paint brush and begin making art that expresses your soul."?"Diana Gonzalez, Brooklyn Crafting Examiner "Back when I was the managing editor of Art Journaling, I remember when Traci Bunkers' journals arrived on my desk. I spent hours pouring through them, wondering to myself, 'How does she do this?' With Traci's new book, *The Art Journal Workshop*, you get to see exactly how."?"Christine Olivarez, Somerset Studio Many people want to express themselves through visual journaling, but are stuck or intimidated with how to get started, what to write, or how to move beyond gluing down a few images or putting some paint on the paper. With beautiful illustrations, *The Art Journal Workshop* breaks down the entire working process of journaling with step-by-step photos and instructions from start to finish. You'll learn how to use different media such as paint, photographs, and collage, while following journaling prompts and exercises to help you dig deeper and enrich the journaling process and experience. Traci Bunkers discusses the benefits of visual journaling, and walks you through battling a creative funk when you're feeling down or uninspired. Additionally, *The Art Journal Workshop* provides exclusive access to online videos that show the author creating six visual journal pages from the book, start to finish, through time-lapse video clips. This visual guide enhances the information in the book, showing her work progress in a way that goes beyond what can be captured in still photographs or through text.

Book Information

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Customer Reviews

The Artist Journal Workshop, Bunkers, Tracie (Author) May 2011. 128 p. Quayside/Quarry, paperback, \$24.99. (9781592536849). 745.593. Kansas artist Bunkers's second book is much akin to Alice's fall down the rabbit hole. We wonder, initially, where we're going when Bunkers starts with a psychological caveat about the art of visual journaling. Even more confounding is that her process, complete with call-to-action exercises and prompts, is not a real methodology to follow. Rather, it's a series of how-to instructions exploring different emotions. Confusion aside, Bunkers provides the usual upfront information about tools and materials as well as useful narratives to help avoid visual blockages. To get unstuck, for instance, she advises cutting out magazine words and pictures or figuring out what's being avoided. Along the way, her very personal layout entertains, as do her examples. Tips, such as to take photos up-close and to save removed pages, inform novices and pros alike. An accompanying DVD takes readers through her instructions, but take care, for it's all too easy in using this kind of crafts book to slavishly copy the samples without customizing or starting afresh. - Booklist, May 2011.

Traci Bunkers is a passionate and quirky self-employed mixed-media and fiber artist living in Lawrence, Kansas. Through her one-woman business Bonkers Handmade Originals, she sells her nifty creations such as hand-dyed spinning fibers and yarns, original rubber stamps, handmade books, kits and original artwork. She also creates an artzine called Tub Legs, designs knitwear, and is a knitting, spinning, and crochet technical editor. She has been teaching workshops across the US since the early 90s and her visual journal pages, artwork, and knit designs have been published in numerous books and magazines. To learn more about her work, visit her web site at www.TraciBunkers.com.

I just got this book and am LOVING it! This is great way to see an artist's process and how she gets where she's going. This book is not just fluff, filler, and only how to's, but a real look at how the pages are layered and built, and the inspiration that supports the work. There are lots of great journaling prompts that are both fun, inspiring, and insightful! The book itself is vibrant and visually tactile, which only makes reading it and working from it even better. One of my personal favorite things about this book, is that it emphasizes the individual, your own words and your own art, not striving to copy someone else's style. It's about the unique path we each are on, and how we bring that to the page.

Okay, so there are MANY Art Journal "how to" books out there...If you could only have one of them.

THIS IS IT FOLKS. It covers everything from glue, papers, pens, paint-- to project ideas and prompts. The instructional section really breaks it down for you. It is so clear and easy to follow... yet it keeps your mind flowing on how you can use the step by step instructions in different ways, and make it "your own". It's pretty amazing that although it is step-by-step 1 through 10... In flipping through the book, never did I get the idea that, "this has to be this way," and "that has to be that way" Instead, it made me feel like -- WOW, art journaling is simple. I CAN DO IT! And do it in my own way!!! It comes with an instructional DVD where you can watch the artist instead of read -- if you are strictly the visual type. I haven't even touched the DVD and STILL feel that this book is fabulous.

I purchased this book locally at first. I tried the DVD in 4 different machines and it just will not work. I worked in the AV department at school and I built my own computer, so rest assured this issue is not a result of technological incompetence. I thought maybe that one disc was defective and so I purchased a second copy through . That one doesn't work either. I contacted Quarry Books and their best advice was to try the DVD in another machine, which I did, and if that doesn't work then return it. So I am returning this book to , thanks to them for their ease of returns. Hopefully I can find my receipt for the one I purchased locally so I can return that copy too. All the reviews are polarized - Either the DVD worked and people liked it better than the book itself, or the DVD did not work. I was so looking forward to watching the DVD. The book itself is okay. There are some good tips and ideas in it. I like the abundance of color photos. I think there are enough photos for you to follow along with the steps without the DVD, but after hearing so many good things about the DVD I am disappointed in the manufacturer for putting out defective DVDs. The guy from Quarry Books told me this is why they try to avoid DVDs with books. I'm just going to stick with free YouTube clips of everyday people doing journaling techniques instead. Buy the book if you aren't dependent on the DVD. Like I said, there are a lot of pictures to help you along. But don't get your hopes up on the DVD, it's a crapshoot whether you'll get a working one or not. I bought 2 from completely different places and neither worked. NOTE: I want you all to know that art journaling is not just for the artsy fartsy types. Anyone can art journal. It is relaxing and therapeutic. There are tons of journal prompts and techniques online you can find for free by Googling. There are tons of pins on Pinterest, videos on YouTube, and blogs all over the place. And of course you can find many books on . Try one technique at a time until you get the hang of it. Don't worry about your drawing skills or making mistakes. The purpose of an art journal is not to be perfect, it's to express yourself. It takes no fancy skill to express yourself, but if you've never done this before, this book can be a good starting point for you. If you're already started journaling and looking for more techniques, this may not be the

book for you.

This is by far, the BEST art journaling book I've seen. The content is excellent and practical. The DVD is helpful, but the book itself is not only lovely, but instructive. My #1 go-to "art journal" how-to!!

Lots of great ideas and specific instructions on how to get started with art journaling

Great ideas for our Art Journal class.

love it

Love this book!

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